

Senior Care Checklist

Two Easy Steps to Better Health

You are the one who cares for your pet – day in and day out – and therefore you may notice subtle changes in your pet's behavior or physical abilities. Take a few moments to review the age chart and complete the checklist, then discuss them with Dr. Valesse. What may look like normal signs of aging could actually be early signs of a manageable health condition.

Is Your Pet Doing Any of These?

Please indicate if your pet is experiencing any of the signs below and review with Dr. Valesse.

Signs	Yes	No
Just not himself/herself	<input type="checkbox"/>	<input type="checkbox"/>
Less interaction with family	<input type="checkbox"/>	<input type="checkbox"/>
Decreased responsiveness	<input type="checkbox"/>	<input type="checkbox"/>
Change in behavior/activity level	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty climbing stairs	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty jumping up	<input type="checkbox"/>	<input type="checkbox"/>
Increased stiffness or limping	<input type="checkbox"/>	<input type="checkbox"/>
Increased thirst	<input type="checkbox"/>	<input type="checkbox"/>
Increased urination	<input type="checkbox"/>	<input type="checkbox"/>
Altered appetite	<input type="checkbox"/>	<input type="checkbox"/>
Noticeable weight change (gain or loss)	<input type="checkbox"/>	<input type="checkbox"/>
Loss of house training	<input type="checkbox"/>	<input type="checkbox"/>
Changes in sleeping patterns	<input type="checkbox"/>	<input type="checkbox"/>
Confusion or disorientation	<input type="checkbox"/>	<input type="checkbox"/>
Change in haircoat, skin, or new lumps or bumps	<input type="checkbox"/>	<input type="checkbox"/>
Itching	<input type="checkbox"/>	<input type="checkbox"/>
Bad breath/red or swollen gums	<input type="checkbox"/>	<input type="checkbox"/>
Tremors or shaking	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____		
Diet Currently feeding: _____		

Date: _____		

Is Your Pet a Senior/Geriatric...

The age at which pets enter their geriatric years is dependent on body weight. This table was developed to help you determine if your pet is senior or geriatric. On it you can find the relative age of your pet in "human years". **Please circle your pet's corresponding "human age"**. For example, a 9-year-old dog weighing 70 pounds is 61 in "people" years (senior) while a 14-year-old cat is 72 (geriatric).

Size in Pounds

Age	0-20	21-50	51-90	90+
5	36	37	40	42
6	40	42	45	49
7	44	47	50	56
8	48	51	55	65
9	52	56	61	71
10	56	60	66	78
11	60	65	72	86
12	64	69	77	93
13	68	74	82	101
14	72	78	88	108
15	76	83	93	115
16	80	87	99	123
17	84	92	104	
18	88	96	109	
19	92	101	115	
20	96	105	120	

ADULT
SENIOR
GERIATRIC

Please let us know what food your pet usually eats: _____

Print this page to complete and bring in with your appointment.